



The AAUW Mission Statement: *AAUW advances equity for women and girls through advocacy, education, and research.*

President's Pen

Happy New Year to All!

It's hard to believe that we are already into the middle of January 2019. The Executive Committee and Board of Directors are happy our accomplishments to date and are looking forward to additional successes over the few months. We have planned a full schedule of programs and activities including: a speaker on Title IX, a joint meeting with the *Circle of Hope* and one of our partners, *NCNW – Dulles Section*, an interactive program on social justice, our 50th Anniversary Celebration and the end-of-the-year business meeting in June, plus, a host of social and special interest gatherings. Please look over the many items in this informative newsletter and continue to watch for updates and additions on our Website: [http://restonherndon-va.aauw.net\(password: VA3035\)](http://restonherndon-va.aauw.net(password: VA3035)), on Facebook: Reston-Herndon Branch of AAUW, and in the periodic E-Blasts from the Executive Committee and Committee Chairs.

In mid-November, it was my great pleasure to represent the Reston-Herndon Branch at a "first ever" NOVA Foundation celebration honoring Foundation donors and the student recipients. Each year, our branch collaborates directly with the Foundation to sponsor a Northern Virginia Community College female STEM student. Criteria and detailed information about the scholarship is available at our website. Be sure to see the article in this newsletter about the 2019 recipient, Amanda Cadieux.

On a public policy front, I would like to recognize and thank our Public Policy Co-chairs, **Judi Polizzotti** and **Mary Zane**, plus many of our members, for actively advocating for ratification of the Equal Rights Amendment (ERA) in Virginia. It is our hope that we can continue to count on all of you to request and secure support from our delegates and senators during this short General Assembly session. On a different PP note, please consider learning more about the AAUW efforts to train 10 million women in salary negotiations by 2022 through the *Work Smart/Work Smart On-line*. Please see detailed information on both of these priorities in this newsletter.

Finally, I would like to convey the personal sense of loss that I, and all of the branch members who knew her, feel on the recent death of long-time AAUW and Reston-Herndon Branch member, **Nancy Thompson**. We will not only miss her because of all of the time, effort and financial support she contributed at the branch, state and national levels of AAUW (not to mention her attention to detail!), but mostly we will miss her warmth, kindness, infectious smile and sense of humor. Please take a moment to read a little about Nancy in the short item below and look for a longer tribute in the upcoming AAUW of VA *Vision* magazine. Sincere thanks to **Marilyn Silvey** for her generous contribution in pulling together these remembrances of Nancy.

Please enjoy a warm, safe and healthy winter season,
Dianne

You Will Be Missed!

Nancy Thompson, AAUW-VA state finance officer from 2010–15, died at the age of 77 on November 21, 2018, just three weeks after being diagnosed with pancreatic cancer. She was an 18-year member of the Reston-Herndon Area Branch and served as its treasurer/finance officer for ten years, as well as serving as Northern District treasurer. Nancy's support for AAUW continues after her death, as she was a Legacy Circle donor and her family has suggested AAUW contributions in her memory. A celebration of Nancy's life held at Heritage Hunt on December 2, 2018. It was attended by many friends, including AAUW-VA former state co-presidents Sandy Lawrence and Patsy Quick, who worked closely with Nancy. Speakers agreed that Nancy was a wonderful friend who lived a life of service and adventure, that she set an example for others through her dedication to AAUW and other organizations, and that she will be greatly missed by many. Please take a moment to read Nancy's complete AAUW obituary, prepared by Marilyn Silvey, in the upcoming AAUW-VA *Vision* magazine, Winter edition.

Scholarship Winner

The 2019 NVCC Scholarship recipient was announced at the December 8, 2018 Friends Giving luncheon. **Amanda Cadieux** is a second semester student who fulfills our STEM student criteria as she is pursuing a career in Data Science and Analytics. In addition, she has also been studying programming and completing an independent math review "on the side." She also is interested in physics, but currently is fulfilling her requirements this semester by taking chemistry, calculus, Java programming and software design.

MEMBERS

Membership News - Ilene Banker, Membership Vice President:

2018-2019 brought twelve new members to our AAUW Reston-Herndon Branch. We welcome Beth Balmer, Cynthia Barbaro, Trish Derr, Cornelia Moore, Gloria Rossbach, Maureen Cummings Spickler, Mary Minter, Saulat Pervez, Naseema Sait, Joyce Schueftan, Ellice Stern, and Barbara "Babs" Wellborn. On behalf of the Executive Board, we hope you will become active members and consider taking on a leadership role in the years to come.

In October, the Leadership Team invited our new members to an informal gathering at Glory Days Restaurant in Fox Mill to learn more about the many opportunities and activities offered to our membership. We were happy that several new members were able to attend. On Monday January 28, the Executive Board will host another get together for our new members who were unable to attend the first event, but would like to get to know each other and our Board. The gathering will be at Glory Days Restaurant, 2567 John Milton Drive, Herndon, Va 20171 at 3:00 PM. Please contact Ilene Banker at ilene.banker@gmail.com to confirm your participation by January 25, so we may have an accurate count for refreshments and table reservations.

To all members, please encourage a friend, neighbor or relative to explore the resources of our Branch. We look forward to growing a diverse and active membership and we need your help! Remember, if you bring along a guest to a scheduled meeting and they want to join, we can offer a reduced membership rate.



Members Helping Members

Did you know that Reston-Herndon Branch keeps a small fund set aside for any member who wants to participate in an activity but cannot afford it? The Branch does not want any member to refrain from being active because of financial concerns. Members can contribute to the "Members Helping Members" fund at any time. Contact the Branch treasurer, Ruth Ruttenberg, to contribute or to seek help. All information is confidential.

AAUW: In It for Life? Make It Official

Empower generations to come through your lifetime membership in AAUW! Join or upgrade your existing membership today and receive a letter of recognition, a certificate, and a lapel pin that you can wear proudly knowing that you've put your values into action. Lifetime membership in AAUW is a one-time, fully tax-deductible gift of \$980.

Legacy Circle Information

You can provide AAUW with funds by leaving a legacy. By remembering AAUW National in your estate plans you can help guarantee the continued important work that AAUW does. Check out aauw.org/resource/aauw-legacy-circle/ for more information.

Please Let Us Know

Please contact our branch secretary, Sharon Gilman, at sagilman@gmail.com, to let her know about member illnesses, hospitalizations, accidents, deaths, or deaths/illnesses in the family, so she may respond on behalf of the branch. As appropriate, and in line with the wishes of the member, Sharon may also notify the membership through an e-blast. Thank you.

Become Involved

- Become an appointed member of the Board of Directors as the official AAUW Reston-Herndon *Branch Representative for the Loudoun area*.
- Join a committee.
- Help design and implement an outreach program to recruit younger working professional to our branch.
- Volunteer for a leadership position.
Contact: Dianne aauwreston@aauw.net

Come to Roanoke Valley

Mark your calendar

AAUW of Virginia State Conference
Saturday, April 6, 2019
With activities Friday, April 5, 2019
Roanoke Valley
At the Vinton War Memorial, Vinton, VA





Fiftieth Anniversary Celebration - Marion Stillson and Judi Orloff, Chairs

Our branch's 50th Anniversary Celebration will be a luncheon to held on Sunday, April 28, 2019 at Wildfire in Tysons Galleria, McLean . Please put this date on your calendar.



From Our Book Group Facilitators - Shirley Finkelstein and Alyse Goldman:

Below is a list of the books we will be reading in the coming year:

- January: Educated by Tara Westover
 February: The End of the Affair by Graham Greene
 March: Mrs. Sherlock Holmes by Brad Ricca (Women's History Month Selection)
 April: Pachinko by Min Jin Lee
 May: Quantum Spy by David Ignatius
 June: How the Irish Saved Civilization by Thomas Cahill
 July: Harvey Milk by Iris Federman
 August: Varina by Charles Frazier
 September: Eleanor Oliphant is Completely Fine by Gail Honeyman
 October: Warlight by Michael Ondaatje
 December: Light on Snow by Anita Shreve

Great Decisions - Judi Polizzotti

In November, we discussed, "South Africa's Fragile Democracy." Members shared their South African travel experiences and discussed the challenges faced by the new democracy and by all countries in this era of populism. In January, we will discuss "Global Health, Progress and Challenges. " We are reading the last topic in our 2018 book as not everyone has received the 2019 book. The meeting will be held at my condo at 11776 Stratford House Place unit 501. Parking is available in the back of the building or on the side streets of the Courts buildings that are not reserved. When you enter the building use the keypad to find my name and code. Enter the code and it rings my cell phone and I will buzz you in .The Foreign Policy Briefing Book is available on fpa.com under Great Decisions. All members and friends are welcome. Please RSVP at judipoli86@gmail.com.

Lobby Corps - Mary Zane and Judi Polizzotti Co-Chairs

The opportunity to join the National Lobby Corps team is right around the corner! If you have contemplated or actually decided to join in this exciting and stimulating endeavor, please put January 31st on your calendar for the required training program for new and current Lobby Corps members. The session will be held at AAUW headquarters in the early afternoon. An email invitation from National's Lobby Corps team to all area branch members will be sent out with an RSVP in the near future.

In preparation for the above session, Mary Zane will hold a briefing of short duration, one week prior to the Jan 31st meeting, on Thursday Jan 24th at her home at 12005 Westwood Hills Dr. Oak Hill at 10am. The intent is to give prospective LC members a chance to hear about the structure and nuts and bolts of the process, to ask questions and to achieve a level of familiarity before the Jan 31st training session. Current members are also welcome. RSVP to Mary at mpz_06@verizon.net with any questions and your intent to attend this briefing. Please note that attending the January, 24 briefing is not mandatory, but should prove to be helpful. It is not a commitment to join LC, but an indication of your interest with the potential of joining.

Public Policy - Mary Zane and Judi Polizzotti Co-Chairs

Equal Rights Amendment Lobbying

January 16, 2019, has been added as an extra state Lobby Day for the purpose of conveying AAUW-VA's strong support for ERA ratification by the Virginia legislature through interaction with legislators and the distribution of printed and bound copies of "Unfinished Business" to all delegates and senators. The Reston-Herndon Branch Public Policy Co-chairs, Judi Polizzotti and Mary Zane, and others plan to carpool to Richmond to meet the state-wide group at 10 a.m. at the legislators' offices. If you would like to join them, please email Judi at judipoli86@gmail.com or call 203-258-9552 to make plans. (See Judi's 1/2/19 email to all members for more details)

ERA News

The final version of the AAUW-VA ERA booklet, *Unfinished Business*, has been completed. This version is posted on the state website at: <https://aauw-va.aauw.net/files/2018/11/ERA-BOOK-FINAL-FINAL-C.pdf>

On the same topic, a TED TALK that may interest you can be found at <https://ideas.ted.com/why-the-us-needs-to-pass-the-equal-rights-amendment-finally/>

Work Smart

What is Work Smart:

- How to identify and articulate your personal value
- How to develop an arsenal of persuasive responses and other negotiation strategies, including how to get a raise or promotion
- How to conduct objective market research to benchmark a target salary and benefits
- About the wage gap, including its long-term consequences

Why is negotiation so important? AAUW's research on the gender pay gap shows that, one year out of college, women are already paid significantly less than men. Women who work full time take home 80 cents for every dollar a full-time male worker is paid. And over a lifetime, those lost potential earnings add up.

Women who negotiate increase their potential to earn higher salaries and better benefits packages. By negotiating fair and equitable salaries, you'll be better able to pay off loans, buy the things you want and need, and save for retirement.

The Work Smart program has already trained more than 30,000 women, and nearly all participants report increased knowledge, skills, and confidence in negotiating.

Work Smart Online

Learn first-hand about AAUW's *Work Smart Online* by taking the online training at this link: Work Smart Online. You are asked to share it with 20 women as part of the AAUW Members Mobilize a Million Challenge. Help AAUW train 10 million women in salary negotiations by 2022 and help achieve pay equity by 2030. The best way to expand your reach is through social media, including Twitter, Facebook and Instagram.

AAUW is working with partners across communities, cities and states to offer free salary negotiation workshops—and eliminate the gender pay gap for good! Learn more: <https://www.aauw.org/>

**2019 Reston- Herndon Area Branch Calendar**

February 7—*Speaker:* Bryan Gibson, Acting Director of Equity and Employee Relations, Title IX Coordinator, Fairfax County Public Schools *Topic:* “Not Your Grandmother’s Title IX” *Location:* North County Govt Center, 1801 Cameron Glen Dr, Reston 20190, 7:00 pm

Feb/March—*Potential Saturday morning meeting* co-sponsored by The Giving Circle of Hope, NCNW and AAUW Reston-Herndon

March 14— Potential Joint Meeting with NCNW, *Facilitator:* Beverly Bennett-Roberts, *Topic:* *Social Justice* *Time:* 7 p.m. *Location:* North County Govt Center, 1801 Cameron Glen Dr, Reston 20190 (Note: Date of meeting may be changed)

April 28—*Special Event:* 50th Anniversary Celebration *Time:* 12:00 noon *Location:* Wildfire, Tysons Galleria, McLean

NO MAY MEETING

June 13 – Annual Business Meeting/Elections will be held at the home of Marion Stillson

**Other Meetings/Events Of Interest:**

- **Starting January 9** - The 2019 AAUW Annual Art Contest will begin. Special preference is given to submissions that reflect AAUW’s mission and values. Just click on the underlined link above for more detail at www.aauw.org/contests/
- **January 15** - Article submissions to the AAUW VA State magazine, *Vision*, are due
- **February 6-7** - AAUW Lobby Day and AAUW VA evening reception for all female delegates and senators in the General Assembly
- **February 11**- *Expand the Field*, Gilbert H. Grosvenor Auditorium on the National Geographic Campus at 1600 M Street, NW, Washington, DC. The National Geographic Society will celebrate the *International Day of Women and Girls in Science* with a special night. See website <https://www.nationalgeographic.org/dc/events/expand-field/> for information and details and how to purchase tickets starting at \$25.



Regularly Scheduled Groups

Book Groups – 4th Wed (2:15 pm) at Herndon Senior Center, 873 Grace St, Herndon 20170 and 4th Thurs (7 pm) at Scrawl Book Store, 11911, Freedom Dr, Reston

Great Decisions – 3rd Wed (7 – 8:45 pm) An Evite will be sent each month with location.

Lobby Corps – Every Thursday when Congress is in session

Board of Directors Quarterly Meeting Schedule –Location: Upstairs Conference Room, Herndon Senior Center, 873 Grace St, Herndon, Time: 2:30 – 4:15pm

3rd Quarterly Meeting: (1stTuesday) 03/05/19

4th Quarterly Meeting: (1stTuesday) 06/04/19



How To?

On page 9 of this Newsletter, you will find valuable information on how to access a variety of AAUW resources and services i.e. locating your membership number and how to edit your personal information, signing up for two minute activist, state website information, current national activities, and identifying our various partners.

Board of Directors 2018-19

President	Dianne Mero	aauwreston@aauw.net
Vice President	Janine Greenwood	janinegrnwd@hotmail.com
VP Finances	Ruth Ruttenberg	kennruth@comcast.net
VP Membership	Ilene Banker	ilene.banker@gmail.com
VP Program	Judy Skirbunt	judy.skirbunt@gmail.com
Secretary	Sharon Gilman	sagilman@gmail.com
Adopt-a-Spot	Fran Lovaas	franlovaas@comcast.net
Cultural Arts	Roberta Sherman	shermanrs1@aol.com
	Carol Flicker	carolflicker@gmail.com
Book Group	Shirley Finkelstein	shirley.finkelstein@comcast.net
	Alyse Goldman	alysegoldman@icloud.com
Great Decisions	Judi Polizzotti	judipoli86@gmail.com
	Judy Skirbunt	judy.skirbunt@gmail.com
Newsletter	Roberta Sherman	shermanrs1@aol.com
NVCC Liaison	Janine Greenwood	janinegrnwd@hotmail.com
Public Policy	Judi Polizzotti	judipoli86@gmail.com
	Mary Zane	mpz_06@verizon.net
50th Anniversary	Judi Ornoff	judiornoff@gmail.com
	Marion Stillson	mbs@point0.net
Ashby Ponds	Marilyn Silvey	marilynsilvey@comcast.com
Website	Vacant	send items: aauwreston@aauw.net
AAUW VA VP Membership	Cyndi Shanahan	cyndi9817@gmail.com
AAUW VA Secretary	Maureen Dwyer	maureen.22066@gmail.com

Northern District Representatives:

Kate MacLeod bobmacleod@verizon.net and Sara Anderson sfpaauw6382@aol.com

AAUW VA Board Members:

www.aauw-va.aauw.net/aauw/board/ **State Board Liaison to Reston-Herndon Branch:**

Susan Burk, Public Policy VP - burksu@aol.com

Branch Website: <http://restonherndon-va.aauw.net> VA3035

AAUW VA Website: <http://aauw-va.aauw.net>

AAUW Website: www.AAUW.org

Branch Facebook Page: Reston-Herndon Branch of AAUW

Did You Ever Wonder How To? (Print and Save for Future Reference)

- Sign up for Two-Minute Activist
 - Go to www.aauw.org
 - Click on ISSUES at the top
 - Click on TAKE ACTION on left
 - This will take you to the Public Policy Two-Minute Activist page
- Locate your AAUW member number (2 ways)
 - Go to www.aauw.org and click on “Login” at the top. At the Login page, click on “Forgot AAUW Member ID?” and enter required information to get your number
 - Contact AAUW at 800/326-AAUW and ask for your number if you do not have access to a computer
- Enter or edit your address, email, and phone number in the AAUW Member Services Database (MSD)
 - Go to www.aauw.org
 - Go to bottom of the page and Click on “Member Tools”
 - Log into Member Tools (see above if you don’t have your member number at hand)
 - Once in Member Tools, go to “Manage your AAUW Membership”
 - Click on “Enter Member Services Database”
 - Alternatively, you can call AAUW at 800/326-AAUW and ask that your contact information be corrected.
 - Why keep your MSD updated? Your email address for *Outlook* and the *Virginia Vision* and all emails from national and VA comes from this list.
- Find
 - The state website. Put aauw-va.aauw.net/ in your browser. This website lists directors and branch information and has a resource library available with links to AAUW national and AAUW-VA state information.
 - AAUW national history (1881-2014). Put history.aauw.org/ in your browser.
 - AAUW-VAstate history (1925-200). Put aauw-va.aauw.net/aauw/history/ in your browser.
- Learn about AAUW current activities
 - Read a succinct summary of all that is going on with AAUW. If you look at only one email from national AAUW, look at the monthly “Mission & Action.” This newsletter is sent to all members with an email address in the MSD. It is brief, easy to read and keeps you up-to-date on the many AAUW activities.
- Identify our AAUW College/University Partner.
 - Our branch college partner is Northern Virginia Community College. In our area, other AAUW university partners are George Mason and Marymount Universities.